

# The Portland Housing Authority

August 2019

9 Chatham Court, Portland, CT 06480

Monthly Newsletter

## Quarry Heights Calendar

**Resident Appreciation Day at Quarry Heights-** Breakfast for residents-August 6th at 9:00 AM. At the community room at Quarry Heights. Come and enjoy eggs, pancakes, donuts and bagels with coffee, apple juice and cranberry juice.



**Fire Safety Presentation with Peter Willis-** August 13th at 1:00 PM. At the community room at Quarry Heights. He will explain how to eliminate hazards, fire protection tips, how to develop an escape plan during a fire.



## **BINGO at QUARRY HEIGHTS**

Every Tuesday at 1pm at the community room.

## Chatham Court Calendar

Portland FREE DAY at Brownstone Park.

August 5- Guest will need to bring their drivers license or a current utility bill proving they are Portland Residence.

## **DIRECTORY:**

You will need to dial **860-342-1688** for every person working at the Portland Housing Authority. Only the extensions differ. Please note the correct extension for the person you may be trying to reach.

**Marilyn Rivera**, Executive Director **ext.111**

**Terry Incognito**, Admin. Coordinator ,move-ins,/

income changes/calculations, Section 8: **ext.113**

**Carol Diaz**, Administrative Housing Assistant and Work Orders: **ext. 110**

**Dan Rafaniello**, Accounting and HR: **ext.112**

**BJ Carrabbia**, Resident Service Coordinator:

**860-342-1688 ext. 115**

**Jon Twichell**, Maintenance Supervisor.

**860-519-3251** emergency only!!!



## **NeED To KNOW- QUARRY HEIGHTS**

-The phone located in the community room will be disconnected August 1, 2019.

-Work orders are to be filed with the office **FIRST**. Residents are **NOT** to verbally give work orders to the maintenance supervisor. If you require a work order, please call 860-342-1688 ext.110. For emergency work orders only, please call 860-519-3251 only after 4:30pm. \*This number is for emergencies only.

-Pet of the month if you would like us to feature your pet, send a photo to Cdiaz@portlandha.org and quick bio of your friend.

- **All resident vehicles must have parking stickers , if you do not have one please submit proof of insurance, a valid drivers license and vehicle registration to our office. Please park in your assign parking spots as well.**
- **Our Waiting list is currently closed.**
- **New Laundry Room Hours from 7:00 am to 7:00 pm you are welcome to do your laundry please plan accordingly.**

### **Portland Library Events:**

- **Adult Monthly Book Discussions : all are welcome to attend held one Thursday each month at 6:30pm Tiles are available to borrow . No reservations are necessary.**

-**Thursday August 1, 2019 at 6:30pm HERE ON EARTH BY ALICE HOFFMAN.** March breaks up with her boyfriend, Hollis, and marries another. Twenty years later she visits her hometown. Hollis is a widower , and the romance resumes. **But March forgot how violent he is. Can a love that consumes you survive? Can anyone survive a love that consumes?**

### **Fun Facts about the Month of August**

#### **History:**

In the original Roman calendar the month of August was called Sextilis. This was because it was the sixth month of the year. Later, after January and February were added to the calendar, it became the eighth month of the year. At the time the month had 29 days. When Julius Caesar created the Julian calendar in 45 BC, two days were added giving the month 31 days. The month was later renamed Augustus in honor of the first emperor of Rome, Caesar Augustus.

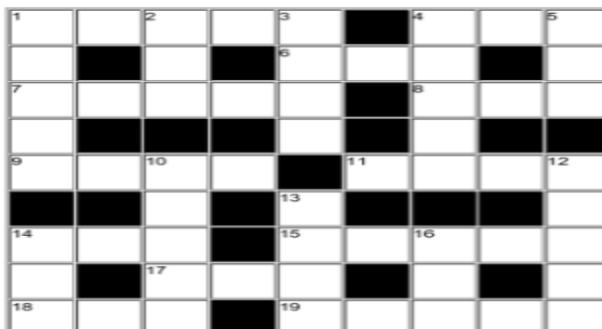
#### **Symbols of August:**

Birthstone: Agate or onyx, Flower: Gladiolus or poppy, Zodiac signs: Leo and Virgo.



#### **Holidays:**

Friendship Day, Raksha Bandhan, Women's Equality Day, National Catfish Month, Harvest Month, National Water Quality Month, Peach Month, National Immunization Awareness Month, Get Ready for Kindergarten Month.



#### **Across**

1. Cook on gridiron
4. Work with shovel
6. Belonging to us
7. Repeated another time
8. Small insect
9. 10 cent coin
11. Frozen precipitation
14. Food tin
15. Grayish green
17. Hooting bird
18. Sticky black substance
19. A lollipop

#### **Down**

1. Protect
2. Northern Ireland army
3. Not short
4. Empty liquid from container
5. Acquire
10. Not major
12. Fully of weeds
13. Tootsie \_\_\_\_
14. Feline \_\_\_\_
16. Sick

## **FRESH SUMMER SPRING ROLLS**



### INGREDIENTS:

- 10 spring roll rice paper wrappers, -1 large carrot, peeled and julienned
- 1 large cucumber, julienned (you can peel) -1/3 cup chopped purple cabbage
- 1 ounce cooked rice noodles/rice vermicelli (optional) -1 avocado, sliced
- handful fresh cilantro (and/or mint, basil) - Peanut Sauce.
- 5 large green lettuce leaves (romaine, butter, etc), torn in half
- 20 medium cooked peeled shrimp, sesame seeds for garnish (optional). Or any other meat cooked.

### DIRECTIONS

**Prepare the rice paper wrappers:** Pour warm water into a large bowl or 9-inch square or round baking pan. The baking pan is what I always use. Working with one at a time, dip the rice paper wrapper into the warm water for 15-20 seconds (or whatever the package suggests). Usually it's around that time. You want the wrapper to be soft, yet still slightly firm and pliable. Immediately remove from the water and place flat onto a work surface such as a large plastic or ceramic cutting board. Sometimes I use a large wood cutting board, but the wrappers stick to it a little more. Pat the wrapper slightly dry.

**Fill the rolls:** Place a few sticks of carrot, cucumber, red pepper, and a sprinkle of cabbage on top of the bottom 1/3 of the rice paper as explained and pictured in the post. Then, a small amount of noodles (if using), a slice or two of avocado and a bit of cilantro. Lay 1/2 of a lettuce leaf on top and 4 slices of shrimp on top-- as pictured above. Remember, do not overstuff the roll. Start small then add more, as needed, as you roll each one.

**Roll them:** Roll everything up tightly. To do so, gently pull up the bottom of the roll and roll over the filling. Then, roll and use your hands to tuck the filling in as you go. It's basically like you're rolling a burrito! Remember, you want a very tight roll. You can fold in the sides of the rice paper roll if you wish, but sometimes I don't. After rolling each, place on a serving plate. Cut in half, sprinkle with sesame seeds, and serve with peanut sauce.



### Friendly Reminder:

- Patio Furniture and gas grills are allowed, but charcoal grills are not allowed.
  - Pools can not be more than 10 inches high, and must be drained every night.
  - Be sure to put away bikes, scooters every night.
  - No loud music is to be played at any time, day or night.
- For the installation or removal of AC units you must call the office to schedule a work order.
- For removal of any PHA appliance you must call the office and schedule a work order.
- All resident vehicles must have parking stickers , if you do not have one please submit proof of insurance, a valid drivers license and vehicle registration to our office.

-Its time for Summer cleaning ! Tenant Storage Clean Out. We will like you to stop in the office to claim the storage unit that you currently have. This is our way of keeping track of what storage unit is yours and who has abandoned their storage unit. We will be labeling the storage unit properly.

-Changes to your household and income **MUST** be reported don't wait until the last minute. For example, if the number of people in your home increases or decreases or if your income increases or decreases, you must report those changes to the main office.

### Portland Library Events:

- Thursday, August 1, at 3pm Built an Alien stuffed Animal : Create your own build a bear inspired workshop! All Supplies are included. Registration required.
- Friday, August 2, at 11 am School Supply BINGO! Get a head start on your back to school shopping by winning some school supplies at the library Bingo morning.
- Tuesday, August 20, at 10:30 am Chalk the Walks! Join the library for a morning of sharing smiles by creating upbeat drawings and messages .

### Answers to 9x9 Crossword #270:

**Across:** 1.dad, 3.send, 5.east, 6.itsy, 8.narf, 11.ark, 12.sync, 15.mesh, 16.ever, 17.near, 18.down  
**Down:** 1.down, 2.dear, 3.stinks, 4.day, 7.stun, 9.ease, 10.father, 13.yard, 14.card, 15.man

## **NeED To KNOW**

## **CHATHAM COURT**

CHATHAM COURT KIDS or ADULTS: What does Summer Time means to you? Submit your best Summer Time drawing, painting or photo to our office to be featured on our next newsletter. You never know you could be next Pablo Picasso. Open to all ages. You can also email the picture or drawing to [Cdiaz@portlandha.org](mailto:Cdiaz@portlandha.org) and a quick bio telling me about you and what inspired you.

