



# PORTLAND HOUSING AUTHORITY

9 CHATHAM COURT PORTLAND, CT 06480

OCTOBER 2019 - MONTHLY NEWSLETTER



## QUARRY HEIGHTS CALENDAR

### **OCT.1st- SET BACK TOURNAMENT**

11:00 am at Quarry Heights Community Room.  
Pick your own team and join us.

### **Oct. 8th Social Security Workshop**

6:30pm at the Portland Public Library.

#### **Maximizing Your Social Security Benefits**

After attending this educational workshop, you will have a better understanding of how Social Security works, the claiming strategies still available and how you can maximize your Social Security Benefit! Tyler Boling is back due to his well received presentation last Fall! Registration Requested! Please call the Library.



### **Portland's Parks and Recreation**

#### **Come on Over 5K Zombie Run**

Saturday Oct. 12, 2019

Portland Riverfront Park

284 Brownstone Ave. Portland, CT 06480

Register 7:30am Race starts at 9:00 am

## **DIRECTORY**

You will need to dial **860-342-1688** for every person working at the Portland Housing Authority. Only the extensions differ.

**Susan Nellis, Administrative Assistant ext.111**

**Terry Incognito, Admin. Coordinator ,move-ins,/income changes/ calculations, Section 8: ext.113**

**Carol Diaz, Administrative Assistant and Work Orders: ext. 110**

**Dan Rafaniello, Accounting and HR: ext. 112**

**BJ Carrabbia, Resident Service Coordinator: 860-342-1688 ext. 115**

**Jon Twichell, Maintenance Supervisor 860-519-3251 emergency only!!!**

## **NEED To KNOW: CHATHAM COURT AND QUARRY HEIGHTS**

**Our monthly Board Meeting** will be on October 21, 2019. It will be held at the Chatham Court Community Center at 5:00pm. We encourage you to attend, Hope to see you there!

**The office will be closed on Monday October 14, 2019 in Observance of Columbus Day.**

## **Live Well - PROGRAM Its your life ...Live it Well.**

Join a free 6 week LIVE WELL workshop today!

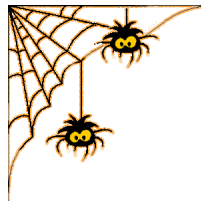
For people with ongoing health conditions like diabetes, depression, heart disease, arthritis, pain and anxiety or those caring for someone with an ongoing health condition.

**Dates: Wed.Oct.30th & November 6th,13th,20th & Dec. 4th & 11th.**

**Time: 1:00 pm to 3:30 pm**

**Where: Portland Senior Center-7 Waverly Ave., Portland, CT 06480**

**RSVP: With Mary at 860-342-6760**



Section 8 and The Public Housing Program waitlist is currently closed. This means at this time we are not accepting applications for Chatham Court or Quarry Heights.

### **Haunted Trail Tour**

Take a spooky walk in the Haunted Woods!

Portland Riverfront Park

Saturday, October 12<sup>th</sup>, Rain Date 13<sup>th</sup>

Before Dark- For younger Kids up to 10 years old:

3pm to 6pm

After Dark- For Older Kids and Adults

6:30pm to 9:00pm

Fun games, Activities, Prizes!

Special Guest: The CT Ghostbusters!

Main St. to Middlesex Ave, Left on Brownstone Ave.

Admission \$7.00

Children 2 years old and under free

For cancellation information, Call

860-262-7334



There is a vacancy on the Board for a Resident Commissioner. This position is an opportunity for a qualified person living in housing that is owned or under the control of the PHA to have a voice on the board that establishes policies, programs, and direction for Public Housing and Section 8 Housing units. Because the Resident Commissioner resides in housing that is under the authority of PHA, they are in a unique position to bring relevant tenant issues and concerns before the Board. If you are interested in more information regarding this position please contact Carol at 860-342-1688 ext. 110.



## Chatham Connection

Community Youth Group

Join us for Activities/Games/Crafts/Guest Readers

Dates:

Sunday September 29th, 2019  
 Sunday October 6, 2019– Last Day

Time: 10: 00 am to 12: 00 pm

Location: Nolan Field– Portland, CT

## Maintenance Corner

### *What you need to know about your lease and residency at the Portland Housing Authority.*

The number for emergency work orders (860-519-3251) is for emergencies only. **YOU SHOULD ONLY BE CALLING THIS NUMBER AFTER 4 P.M. AND FOR EMERGENCIES ONLY!**

Work orders during business hours **MUST** be called into the main office and given to Carol Diaz, the Administrative Housing Assistant . Carol can be reached at 860-342-1688 ext. 110. \*Please write her number down and put someplace visible. The Resident Service Coordinator is continuing to receive messages for work orders.

Please remember that the use of open flames, such as candles and incense are strictly prohibited inside any unit. This is a fire hazard. We ask for your cooperation to ensure your safety and the safety of those around you.

We are continuing to get complaints of people smoking . Please be aware that there are cameras in use throughout the property. Anyone seen smoking on camera will be issued a \$150 fine. Failure to pay the fine will result in eviction proceedings. If you are a smoker and you live at Quarry Heights, you may smoke on the sidewalk in front of the property or at the edge of the back parking lot off grounds. If you live at Chatham Court, you may smoke off grounds by the main entrance by the Portland Housing Authority sign. If we enter your unit for a work order/and or inspection and we smell cigarette smoke, you will be fined \$150 and/or termination of lease.

If you are experiencing problems with a neighbor/s that you are unable to resolve, you must call the Portland Police Department first. After you have filed a report, you should then contact the main office. **DO NOT** call the office with complaints about other residents without having called the police first. Some common complaints are: loud music, excessive noise, threatening and/or aggressive neighbors. Once a complaint has been filed with the police we will note the files of all parties involved and proceed with legal action if need be.



**Halloween on Main Street.** -This year's event will take place from 4:30 pm to 6:00 p.m. Friday, Oct. 25. Main Street will be closed, so trick-or-treaters (and their parents) can go from business to business collecting candy and taking part in other activities. As in previous years, there will be a costume parade and costume contest. If you would like to participate or donate candy please contact Carol at 860-342-1688 ext.110 to sign up.



ROASTED  
**Pumpkin Seeds**

#### Ingredients:

3/4 cup raw pumpkin seeds, 1 tablespoon olive oil, 1/2 teaspoon kosher salt, 1/4 teaspoon garlic powder, 1/4 teaspoon paprika, (optional), 1/8 teaspoon black pepper

#### Instructions:

- 1.Preheat oven to 350°F (177°C).
- 2.Wash pumpkin seeds in a colander to remove the pulp and fibers. Dry pumpkin seeds with a towel.
- 3.In a small bowl combine pumpkin seeds, olive oil, salt, garlic powder, paprika (if using), and black pepper.
- 4.Lightly grease a sheet pan with olive oil. Evenly spread the seasoned pumpkin seeds on the sheet pan.
- 5.Bake until the seeds are toasted and crunchy, about 15 to 30 minutes. Stir the pumpkin seeds every 5 minutes 6.for even toasting, and check for doneness with each stir by tasting a seed for crunchiness.

#### Notes:

Roasted pumpkin seeds can be stored in an airtight container for up to 2 weeks. The recipe can be easily doubled or tripled depending on how many seeds your pumpkin yields. 1 serving = 1 tablespoon pumpkin seeds.