QUARRY HEIGHTS CALENDAR

OCT.1st- SET BACK TOURNAMENT
11:00 am at Quarry Heights Community Room. Pick your own team and join us.

Oct. 8th Social Security Workshop
6:30pm at the Portland Public Library.
Maximizing Your Social Security Benefits
After attending this educational workshop, you will have a better understanding of how Social Security works, the claiming strategies still available and how you can maximize your Social Security Benefit! Tyler Boling is back due to his well received presentation last Fall! Registration Requested! Please call the Library.

NEED To KNOW: CHATHAM COURT AND QUARY HEIGHTS

Our monthly Board Meeting will be on October 21, 2019. It will be held at the Chatham Court Community Center at 5:00pm. We encourage you to attend, Hope to see you there!

The office will be closed on Monday October 14, 2019 in Observance of Columbus Day.

Live Well - PROGRAM Its your life ...Live it Well.
Join a free 6 week LIVE WELL workshop today!
For people with ongoing health conditions like diabetes, depression, heart disease, arthritis, pain and anxiety or those caring for someone with an ongoing health condition.
Time: 1:00 pm to 3:30 pm
Where: Portland Senior Center-7 Waverly Ave., Portland, CT 06480
RSVP: With Mary at 860-342-6760

Section 8 and The Public Housing Program waitlist is currently closed. This means at this time we are not accepting applications for Chatham Court or Quarry Heights.

Haunted Trail Tour
Take a spooky walk in the Haunted Woods!
Portland Riverfront Park
Saturday, October 12th, Rain Date 13th
Before Dark- For younger Kids up to 10 years old:
3pm to 6pm
After Dark- For Older Kids and Adults
6:30pm to 9:00pm
Fun games, Activities, Prizes!
Special Guest: The CT Ghostbusters!
Main St. to Middlesex Ave, Left on Brownstone Ave.
Admission $7.00
Children 2 years old and under free
For cancellation information, Call 860-262-7334

Portland's Parks and Recreation
Come on Over 5K Zombie Run
Saturday Oct. 12, 2019
Portland Riverfront Park
284 Brownstone Ave. Portland, CT 06480
Register 7:30am Race starts at 9:00 am

DIRECTORY
You will need to dial 860-342-1688 for every person working at the Portland Housing Authority. Only the extensions differ.

Susan Nellis, Administrative Assistant ext.111
Terry Incognito, Admin. Coordinator ,move-ins/income changes/ calculations, Section 8: ext.113
Carol Diaz, Administrative Assistant and Work Orders: ext. 110
Dan Rafaniello, Accounting and HR: ext. 112
BJ Carrabba, Resident Service Coordinator: 860-342-1688 ext. 115
Jon Twichell, Maintenance Supervisor 860-519-3251 emergency only!!!
There is a vacancy on the Board for a Resident Commissioner. This position is an opportunity for a qualified person living in housing that is owned or under the control of the PHA to have a voice on the board that establishes policies, programs, and direction for Public Housing and Section 8 Housing units. Because the Resident Commissioner resides in housing that is under the authority of PHA, they are in a unique position to bring relevant tenant issues and concerns before the Board. If you are interested in more information regarding this position please contact Carol at 860-342-1688 ext. 110.

maintenance Corner
What you need to know about your lease and residency at the Portland Housing Authority.

The number for emergency work orders (860-519-3251) is for emergencies only. YOU SHOULD ONLY BE CALLING THIS NUMBER AFTER 4 P.M. AND FOR EMERGENCIES ONLY!

Work orders during business hours MUST be called into the main office and given to Carol Diaz, the Administrative Housing Assistant. Carol can be reached at 860-342-1688 ext. 110. *Please write her number down and put someplace visible. The Resident Service Coordinator is continuing to receive messages for work orders.

Please remember that the use of open flames, such as candles and incense are strictly prohibited inside any unit. This is a fire hazard. We ask for your cooperation to ensure your safety and the safety of those around you.

We are continuing to get complaints of people smoking. Please be aware that there are cameras in use throughout the property. Anyone seen smoking on camera will be issued a $150 fine. Failure to pay the fine will result in eviction proceedings. If you are a smoker and you live at Quarry Heights, you may smoke on the sidewalk in front of the property or at the edge of the back parking lot off grounds. If you live at Chatham Court, you may smoke off grounds by the main entrance by the Portland Housing Authority sign. If we enter your unit for a work order and or inspection and we smell cigarette smoke, you will be fined $150 and/or termination of lease.

If you are experiencing problems with a neighbor that you are unable to resolve, you must call the Portland Police Department first. After you have filed a report, you should then contact the main office. DO NOT call the office with complaints about other residents without having called the police first. Some common complaints are: loud music, excessive noise, threatening and/or aggressive neighbors. Once a complaint has been filed with the police we will note the files of all parties involved and proceed with legal action if needed.

Chatham Connection
Community Youth Group
Join us for Activities/Games/Crafts/Guest Readers

Dates:
Sunday September 29th, 2019
Sunday October 6, 2019 - Last Day

Time: 10:00 am to 12:00 pm

Location: Nolan Field - Portland, CT

Halloween on Main Street - This year’s event will take place from 4:30 pm to 6:00 pm. Friday, Oct. 25. Main Street will be closed, so trick-or-treaters (and their parents) can go from business to business collecting candy and taking part in other activities. As in previous years, there will be a costume parade and costume contest. If you would like to participate or donate candy please contact Carol at 860-342-1688 ext.110 to sign up.

Ingredients:
3/4 cup raw pumpkin seeds, 1 tablespoon olive oil, 1/2 teaspoon kosher salt,
1/4 teaspoon garlic powder, 1/4 teaspoon paprika, (optional), 1/8 teaspoon black pepper

Instructions:
1. Preheat oven to 350°F (177°C).
2. Wash pumpkin seeds in a colander to remove the pulp and fibers. Dry pumpkin seeds with a towel.
3. In a small bowl combine pumpkin seeds, olive oil, salt, garlic powder, paprika (if using), and black pepper.
4. Lightly grease a sheet pan with olive oil. Evenly spread the seasoned pumpkin seeds on the sheet pan.
5. Bake until the seeds are toasted and crunchy, about 15 to 30 minutes. Stir the pumpkin seeds every 5 minutes. For even toasting, and check for doneness with each stir by tasting a seed for crunchiness.

Notes:
Roasted pumpkin seeds can be stored in an airtight container for up to 2 weeks. The recipe can be easily doubled or tripled depending on how many seeds your pumpkin yields. 1 serving = 1 tablespoon pumpkin seeds.