

Event Calendar

RAB Meeting 8/9/2022
Chatham Court Community Room



Board Meeting, 8/15/22
Quarry Heights Community Room

Don't Forget

All residents have the option to pay rent via "direct debit." With direct debit, residents won't run the risk of a late rent payment.

The Word of the Month

Curb your dog: The term has two meanings, 1st is to keep your dog under control/out of trouble (keep leashed and confined so as not to cause trouble for others), and 2nd is to pick up your dog's poop when they are off your property.



Hello
August

Recent newsletters have been packed with invaluable information. You may not need the resources in the newsletter at the time it comes out, but, at some point, you may need the resources. If you have the space in your apartments, it may behoove you to save the newsletters, if you have the space, for future reference. Thank you.

Resident Corner

For complaints about other residents, please follow the below-referenced complaint process policy:

1. Complete, sign, and forward official "Complaint Form" to Holly, RSC (residents can find the form on the Housing website: www.portlandha.org)
2. Fill Out "Complaint Form" using accurate dates, times, and facts
3. If there is a clear threat, call 911



PORTLAND HOUSING AUTHORITY MONTHLY NEWSLETTER AUGUST 2022

News and Information for Everyone

Art Show Save the Date

On Sunday, September 11, Zion Lutheran Church, located at 183 William Street, will host a reception from 3:00-5:00 p.m. showcasing local artists in the Fellowship Hall. The event will provide the community and church members the chance to meet and chat with local artists, photographers, and hobbyists. Participating exhibitors will be asked to donate one of their works of art for a silent auction sale. Proceeds from the sale will benefit Zion's lounge renovation project. The reception is free to the public and most artwork will be available for sale. Light refreshments consisting of cheese and wine, will be served. For those interested in displaying your artwork call Sue at (860) 685-0593.

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Just to remind everyone, there is a new federal subsidy program that can help residents pay for internet service. The **Affordable Connectivity Program**, offered through many internet service providers, gives households \$30/month to cover the cost of internet service and a one-time subsidy of \$100 for computer devices for eligible households. For more information check out the link: connecthome@hud.gov



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The Connecticut Department of Transportation (CTDOT) just announced that all public transit buses will continue to be fare-free through December 1, 2022. Services include CT transit local buses statewide, CT transit Express, and CTfastrak.

Primary Voter Enrollment

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If you are unaffiliated, not registered in a major party, or not yet registered to vote in the Town of Portland, you can visit the Registrar of Voters at the Town Hall, 33 East Main Street up until the Monday, August 8th by 12:00 p.m. and register to vote in the midterms (for both chambers of Congress: the U.S. Senate and the House of Representatives).



Energy Assistance Pre-Application

Don't forget the energy assistance pre-application process begins August 1st. When pre-application period opens, call Community Renewal Team (CRT): (860) 347-4465.

Office Main Phone Line

(860) 342-1688

Holly Kobayashi, ext. #115
hkobayashi@portlandha.org

Susan Nellis, ext. #113
snellis@portlandha.org

Carol Diaz, ext. #110
cdiaz@portlandha.org

Dan Rafaniello, ext. #112
drafaniello@portlandha.org

Jeffrey Costa, 860-519-3251
For emergencies

Hours of Operation:

Monday-Thursday
8:30-4:30 p.m.
Friday
8:30-1:30 p.m.

Please call before visiting

A Reminder

For all residents' reference, if you have important documents that need to be delivered to the main office, you can deliver them during office hours from Monday-Friday from 8:30-4:30 p.m. Additionally, there is a drop box at the main office available 24/7, 7 days a week. There is a drop box at Quarry Heights outside the RSC's office available from 7:00-7:00 p.m. 7 days a week. However, no preapplications are accepted in any drop box.

What is a Supermoon?

The biggest and brightest supermoon of the year happens this month! Generally speaking, a **supermoon** is a full moon that appears larger than a typical full moon due to it being closer to Earth. The Moon must be within 90% of perigee (the point in the orbit of the moon at which it is nearest to the earth).

By Bob Berman, May 2022.

Don't Forget English Classes

If anyone would like to join classes in English let Holly, RSC know. If there is a good sign-up, classes will commence once the children return to school this fall. Classes will be free and entertaining. Residents will learn simple but important lessons under the tutelage of a very enthusiastic instructor.

Chatham Family Concerns

It is noticeable and several residents have been complaining that dogs are running rampant off leash, destroying plants, being tied to fire hydrants, just not being curbed. If it can be proven that a resident has not removed pet waste from the grounds, a removal charge of \$25/occurrence will be assessed against the dog owner.



Chatham Families for Employment



Success starts with the initiative to ask for help. Book a résumé appointment with Holly. The timing could not be better: lots of jobs everywhere now.

A new résumé is the best way to land an interview that will lead to a fabulous new job.

Quote of the Month

Champions aren't made in gyms. Champions are made from something they have deep inside them—a desire, a dream, a vision. They have to have the skill, and the will. But, the will has to be stronger than the skill.

Muhammad Ali

Chatham Court

2 Activities for Kids in August



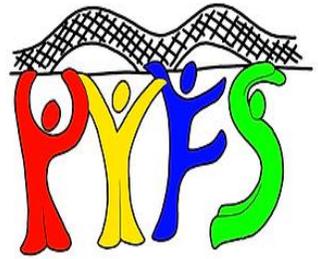
Jennifer Renk, the illustrious Youth Services Coordinator from the Portland Library, will be hosting two events at Chatham Court Community Room:

The first will take place August 15th and will be a Solar Power experiment with s'mores at 11:00 a.m. The second will take place August 22nd and will be a water purification experiment with knot tying licorice ropes at 11:00 a.m.

Activities are most appropriate for K-5th grades but high school students, if they join as helpers, will get community service hours.

Must Register with Holly, RSC, by August 8th or both activities will have to be cancelled, unfortunately.

Housing is delighted with the response to the Backpack Program through Youth and Family Services. In just the first afternoon (upon flier distribution to residents), 4 families called to reserve backpacks for their children. If any other families are interested, call Jesse at Youth and Family Services to reserve a backpack for your child: (860) 342-6758. Not only is Youth and Family Services providing backpacks, but they are also providing supplies for the upcoming school year to families in need. Backpacks will be distributed in August.



Housing hopes you all received the brochure on the Aces Early Head Start Program in Middletown, CT. It is a no cost program that is federally funded and offers services to expectant families and families with infants and toddlers up to age of three across Middlesex County. To apply for the program, go to www.aces.org. If you would like more Information, call (860) 704-0725.

Summer Meals at Chatham Court have been wildly successful this summer. Housing has been able to double the summer meals for Chatham Court children, thanks to the wonderful donations from local charitable businesses, PHA, and most of all, Carol, our exceptionally dedicated Administrative Housing Assistant.

Therefore, it is very important for residents to register for these types of offerings so resident children can fully benefit from them.



Attention First-Time Homebuyers

For Chatham residents who have ever wondered about the possibility and/or considered purchasing your first home, keep an eye out for fliers delivered to your black front door mailbox for the upcoming Financial Coaching Workshop in late August to help residents get into position to purchase. In September, we will have Liberty Bank visit with Chatham Court residents also—those who are interested in purchasing their own home—and explain what they offer to first-time buyers.

Meals on Wheels Requirements: Be 60 years of age or older, be unable to eat at a community meal site, not be able to drive and require transportation assistance, or be assessed by a medical provider as "homebound." Call Holly, RSC for more information and/or application.

Resident of the Season

The Outstanding Resident of the Season Award was established to recognize and honor outstanding residents who embody the great spirit of compassion, kindness, and good will toward others.



Carol Culley was chosen as our summer award recipient. Carol loves to relax with friends outside her apartment, tend to her garden, and share the many vegetables she grows in her garden. But, most of all, Carol loves to play games. She believes it is important to engage residents and have a little fun together and boy do they. Bingo and Pokeno have been quite popular. Carol even hopes to get some more games going as it gets colder in Connecticut.



Thank you so much Carol, for keeping residents entertained and enjoying life at Quarry Heights.



Quarry Heights Concerns

There have been several complaints regarding several residents smoking in their apartments. This is prohibited per Housing policy. It is not fair to those residents who abide by the policy. If your apartment has a smoke odor or tobacco products visible, offenders will be cited \$150 per offense.



It has come to Housing's attention, that rocks, bricks, and door mats are being used to permit folks in main and back doorways who are non-residents. These actions are not permitted on Housing property and dangerous to residents.

Quarry Heights

The wonderfully engaging Anette Urban, Fall Prevention Master Trainer, and certified dementia practitioner came back on July 12, 2022, for a presentation on the dementia umbrella. While only a small group of Quarry residents attended the workshop, Anette's genuine personality was a hit and her performance enlightening. We all gained knowledge of the warning signs in family and friends and learned how to aid and support those struggling with this neurocognitive disorder.



As you all will notice, our "Resident of the Season" for summer has been chosen. The next Resident of the Season will be chosen in October. If you would like to recommend a resident or yourself, feel free to do so. There is a counter at the far end of the Community Room with a recommendation box, pad of paper, and pens for this purpose. If you do put in a name, please mention why you think this person is "outstanding and embodies the great spirit of compassion, kindness, and good will toward others."



\$ Renter's Rebate \$



Appointments are available from 8/24-9/28 on Tuesdays and Wednesdays either 10:00 or 10:30 a.m. with Lynn Tracey at the Senior Center. Lynn recommends checking details with Holly, RSC, to ensure paperwork is in order before attending appointment. Also, Lynn suggests residents make an appointment now: (860) 342-6760 and compile the necessary paperwork in anticipation of the appointment as appointments are dwindling rapidly.



You should have gotten a flier delivered to your black front door mailbox for the upcoming Medicare Maven visit. Jessalyn Pito, plans to visit August 10th from 12:00 p.m. to 1:00 p.m. and invites all to hear important updates regarding Medicare benefits while enjoying a slice of pizza courtesy of Jessalyn.



Cleaning Tips (from Staff Writer for www.life123.com)

While some people love it, others hate it. Cleaning the home can be an overwhelming and, at times, a grueling task to even think about. But it doesn't have to be, especially with the following simple tips that will make your glass sparkle, sinks shine, and floors spotless.

Glass	Sinks	Carpet	Floors
Try mixing 50% vinegar and 50% water. You can spray or wipe onto surface. Best way to wipe off is to use newspaper but make sure to use gloves lest you be covered in ink.	Wet stainless-steel sinks down with warm water, sprinkle baking soda over the surfaces, then rub gently with soft cloth or sponge which will create a paste-like substance. For hard-to-reach areas, use an old toothbrush and use the paste to get them. Rinse thoroughly.	For carpet, best is to vacuum weekly to keep debris from sinking in. With a liquid stain, don't rub it out as this will just spread the stain. Instead, dry blot or dab it out with a clean cloth or paper towel working your way from the outside to prevent the stain from spreading. If gum is stuck in, use ice to freeze it for easier removal.	Vacuum and dry mop to remove dust, hair, and dirt. A simple but effective cleaning mixture is to add 1 cup of apple cider to 1 gallon of hot water. Mop should be damp not drenched.

