



MONTHLY NEWSLETTER

December 2022

<p>Event Calendar</p> <p>Board Meeting, 12/19/22 Chatham Court Community Room</p> <p>Winter begins 12/21/22</p> <p>Christmas, 12/25/22</p> <p>Office will be closed Friday 12/23 and Monday 12/26</p>	<p>Office Main Phone Line: (860) 342-1688</p> <div data-bbox="443 695 748 890"> </div> <p><u>Carol Diaz, ext. #110</u> Administrative Housing Assistant cdiaz@portlandha.org</p> <p><u>Susan Nellis, ext. #113</u> Administrative Housing Coordinator snellis@portlandha.org</p> <p><u>Holly Kobayashi, ext. #115</u> Resident Service Coordinator hkobayashi@portlandha.org</p> <div data-bbox="824 1073 1117 1220"> </div> <p><u>Dan Rafaniello, ext. #112</u> Staff Accountant drafaniello@portlandha.org</p> <p><u>Jeffrey Costa, ext. #114</u> Maintenance Staff jcosta@portlandha.org</p> <p>For Maintenance Emergencies Call: 860-519-3251</p>	<p>Don't forget to sign up for your Christmas basket with the Portland, CT Food Bank. For more information, call: 860-342-6795</p> <div data-bbox="1149 848 1528 1104"> </div> <p>May you all enjoy a very special holiday season. Be happy, be safe, and enjoy with loved ones!</p>
<p>Hours of Operation</p> <p>Monday-Thursday 8:30-4:30 p.m.</p> <p>Friday 8:30-1:30 p.m.</p> <p><u>Please call before visiting</u></p>		

News and Information for Everyone



Part 2 What is Recyclable and What is Not?

Aerosol Cans: Aerosol cans (the main body of the can made mostly of aluminum or steel) are self-dispensing systems containing substances in pressurized canisters that house everything from cleaning supplies and air fresheners to hygiene products and paints. Apart from the primary container, aerosol cans usually consist of a plastic spray nozzle or cap. In Portland, CT, **ONLY food-grade aerosol cans are recyclable.** If a can contains paints or toxic materials, the can itself (including its contents) needs to be disposed of at a household hazardous waste collection event or facility. For more information email: info@rivercorg.org or call (860) 581-8554

Thousands of people including Jeff, our Maintenance Supervisor and his family, participated in Halloween on Main Street. Housing thanks all the great volunteers from Quarry Heights who helped wrap and pass out candy from commissioner, resident, Housing, and staff donors.

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The Town of Portland was awarded a \$400,00 Small Town Economic Assistance Program (STEAP) grant that will be used to replace sidewalk on Main Street.

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To apply for energy assistance: crtenergyapplication@crtct.org. For more information call CRT of Middletown: (860) 347-4465.

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On Sunday, December 4th, enjoy the Christmas on Main Street Portland, Light Parade & Tree Lighting. Start by strolling down Main Street to see what Portland's businesses have to offer! Several businesses will be opening their doors starting at 2:00 p.m. to offer holiday specials. Call YFS for more details on 12/4 events: (860) 342-6758.

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Housing hopes you all received and read the fliers on the upcoming events for Christmas on Main Street, Middletown, CT. Lots going on for the Christmas season.



Chatham Court News



Santa's Visit

Santa is watching all the children at Chatham Court and Jeff in Maintenance is also reaching out to Santa letting him know who is being naughty outside by littering, etc. and who is being nice by picking up after himself/herself around Chatham Court. Make sure your resident children know that it is better for Santa to see their good behavior and be recipients of wonderful gifts than bad behavior and recipients of bags of coal!!



Youth and Family Services (YFS)

YFS will be bringing a series of talks to youth, parents, and anyone interested. They will be focusing on issues relevant to Portland youth and their parents: prevention, mental health, justice, and diversity. Look for those to start in February 2023. Stay tuned.



YFS will also be building the Juvenile Review Board into the Restorative Justice Team. Restorative Justice takes a more trauma-informed approach that works to hold youth accountable for their actions. TBD

Chatham Court Resident Corner

Wonderful News

Movie Night and Bingo at Chatham Court were huge successes thanks to Naji, our own Chatham Court resident.

Community Renewal Team (CRT)

Early Care and Education (ECE) Program: Children start on a lifetime of learning in CRT's ECE program that is affordable, of high quality, and with licensed childcare for children up to five years of age. Centers use the nationally respected Creative Curriculum, so that all children enter kindergarten ready to learn and succeed. Brightly colored, modern classrooms offer an excellent learning environment. Skilled staff meet the needs of the whole child: educational; emotional; social; and health. Children with physical or emotional disabilities are welcome.



All preschool children receive vision, hearing, dental, and other screenings. Healthy meals and snacks are provided for free. The breakfast, lunch and afternoon snack follow the nutrition guidelines of the Child and Adult Care Food Program (CACFP). Infant formula and baby food is provided based on each baby's age and feeding skills. Teachers encourage independent feeding skills and promote healthy habits to last a lifetime.

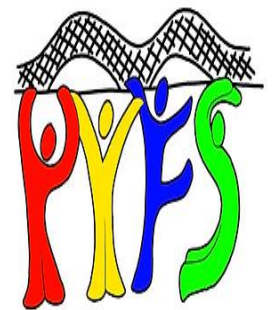


Families have access to all CRT services. Staff help parents set and meet their goals. Parents can volunteer in classrooms, take workshops, participate in family activities, and serve on the committees that help to run the program. CRT encourages those interested, to visit for a tour! The best time is 10-11:30 am but call: **(860) 344-1470** for options. Class schedules vary by program. Most classrooms are open 10 hours/day, 52 weeks/year. Staff speaks English/Spanish.



For additional information call: (860) 344-1470 for an appointment.

Youth Listening Circle: Tuesday, December 6th from 6:00-7:30 p.m. at the Russell Library on 123 Broad Street in Middletown, CT. Youth and Family Services (YFS) is looking for students in middle and high school who are interested in having a discussion on race, culture, diversity, equity, and more. Join students from East Hampton, Durham, and Middlefield and have your voice heard! Facilitated by the great team at SERC. Email: jrevicki@portlandct.org or call Jesse at (860) 342-6758 to sign up or for additional information.





May peace and happiness be with you, your families, and your friends.

Quarry Heights will host a Potluck Christmas Party for its residents on 12/19 from 12:30-2:30 p.m. All Quarry Heights residents who would like to attend must register by Wednesday, 12/14 at 12:00 p.m., and sign up to bring a food item to attend. We will be playing the Yankee Swap game which Housing will sponsor. Don't be a FOMO (fear of missing out) resident. This is going to be a blast Quarry Heights residents do not want to miss out on.



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Beware of lease violations including curbing your dog, smoking, drugs, and residents living in a unit of which they are not on lease.

Happenings



Jessalyn Pito, the Medicare Maven, had a great showing of Quarry Heights residents in October when sharing updates and benefit information. Don't forget, open enrollment ends 12/7/22.

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The Chatham Health District had a fabulous Covid-19 vaccination clinic at Quarry Heights on Wednesday, November 9th. Keep an eye out for more upcoming Covid-19 clinics. TBD



CT Homecare Program for Elders (CHCPE)

If you are 65+ years of age, meet the Medicaid or state-funded financial criteria, and are at risk of nursing home placement, you may be eligible for a variety of services including care management, adult day health, companion, home-delivered meal, and homemaker services. The CHCPE program helps eligible clients continue living at home instead of residing in a nursing home. To check eligibility for the Connecticut Home Care Program for Elders (CHCPE) referral, application, screening, and assessment are mandatory. If you would like to apply or have questions, please call: 800-445-5394, option #4, or see Holly, your RSC for assistance.

Quarry Heights Resident Corner

Community Room Washers and Dryers: Please be cognizant of other's time and take clothes out quickly from washers and dryers.

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Dryer Lint: The accumulation of dryer lint can leave Quarry Heights residents with a poorly functioning dryer and even the possibility of a fire. To remove the lint from the dryer, clean off the lint filter before and after each load. This can be done by hand.

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Curb Your Dogs: There have been lots of complaints about residents not curbing their dogs. There have been many sightings of fecal matter on site. Residents with dogs, please clean up after your pet/support animal. If it can be proven that a resident has not removed pet waste from the grounds, a removal charge of \$25/occurrence will be assessed against the dog owner.

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Work Orders: When observing or experiencing a maintenance issue with your unit or surroundings, residents must place a work order with the front office. If front office is occupied, please leave a work order message so the front office can follow up and the issue can be resolved in a timely manner. Please do not interrupt Maintenance in the field or the resident service coordinator as they cannot help until a work order is in place.

Quarry Heights Garbage Accumulation Dangerous



Please do not leave garbage and clutter in your home. It is not only dangerous for you in your unit, but also your neighbors.

Garbage can be a fire hazard: If there are too many extra things in your home, they can catch fire.

This is particularly true with extra paper and flammable materials (a lease violation). The best way to ensure that you will not have a house fire and be in compliance is to remove all garbage and clutter from your home promptly. In doing so, you will remove the potential for the clutter to accumulate in a way that would endanger you, your family, and neighbors.

Garbage can be a risk for pests: Pests tend to appear when there are lots of leftover garbage and food. This is precisely why it is important to ensure that garbage is discarded, and dishes are washed as soon as possible. Should you do this, you will prevent pests from arriving in your and neighbors' units.

Leaving garbage around can produce a horrible smell: This will smell awful in your home and could even have the potential to make you feel quite ill. Discarding garbage is a must.