

CALENDAR

8/14/2024– **RAB MEETING** – Chatham Community room at 11:00 am

8/19/2024– **BOARD MEETING** at Quarry Heights Community room at 5:00pm.



THE OFFICE

Main Office-Hours of Operation

Monday-Thursday-8:30-4:30 p.m.

Friday-8:30-1:30 p.m.

Please call before visiting

Carol D. ext. 110-Deputy Director
Cdiaz@portlandha.org

Dan R., ext.112-Staff Accountant
Drafaniello@portlandha.org

Susan N. ext. 113-Adm. Coordinator
Snellis@portlandha.org

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**Bice C., ext.115
Resint. Service Coordinator**
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BJ hours are Mon., Tues. and Wed.

Hello Everyone!

The PHA staff hopes everyone is enjoying all the sunshine we had lately! Here is a recap of some important things that you may need to keep in mind! These issues pertain to both Chatham Court and Quarry Heights.

A visitor of more than 7 days consecutive or within a 45 day period constitutes as a unauthorized occupancy and is a violation of the lease. Residents you must obtain prior written consent from the Housing Authority for any guest visiting in excess of 3 nights and must report a guest vehicle with the PHA office. Reminder you are also responsible for the conduct of your guests and shall be assessed any damages caused by your visitor.

Curb your dog: The term has two meanings, 1st is to keep your dog under control/out of trouble (keep leashed and confined so as not to cause trouble for others), and 2nd is to pick up your dog's poop. It is noticeable and several residents have been complaining that dogs are running rampant off leash or left alone to roam on the property, destroying plants, being tied to fire hydrants, just not being curbed. If it can be proven that a resident has not removed pet waste from the grounds, a removal charge of \$25/occurrence will be assessed against the dog owner.



AUGUST 2024 MONTHLY NEWSLETTER

Fraudulent Section 8 assistance advertisements like the one above are appearing on social media sites in increasing numbers. These sites direct members of the public to a fraudulent website, which harvests personal information and data.

What You Need to Know

A flyer has been circulating on social media advertising assistance with applying for Section 8 funding. The flyer and website

'www.govassistance.org'

are **NOT** legitimate. The scam

aims to take advantage of Section 8 applicants to obtain their personal information to facilitate fraudulent activity. There are multiple versions of the above advertisement on various websites including Facebook, Instagram, and TikTok, typically with slightly changed verbiage and dates.

What You Can Do

Many individuals have personal social media accounts, which can be a great way to connect with others. However, malicious ads, scams, and misinformation are prevalent on these sites, and users should always be skeptical. In general, do not click on a hyperlink if you are unsure if it is legitimate; instead, go to a known, trusted source. For example, after seeing this ad, a user could navigate to hud.gov and research if this is a real program.

Individuals who fall victim to this or similar scams can file a complaint at the Internet Crime Compliant Center (IC3): www.ic3.gov.





HOUSING NIGHT IN AMERICA

Event took place on July 12, 2024

The ceremonial first pitch is a longstanding ritual of baseball in which a guest of honor throws a the ball to start the game was thrown by Angel Rivera, who represented the Portland Housing Authority.

CONN NAHRO Scholarship Program annually provides three or more scholarships to graduating high school seniors and current college undergraduates who are residents of housing authority managed properties or Section 8 housing.

Thank you to all residents that showed up and supported .






5 Action Steps for Helping Someone in Emotional Pain



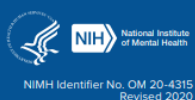
In 2018, suicide claimed the lives of more than **48,000 people** in the United States, according to the Centers for Disease Control and Prevention (CDC). Suicide affects people of all ages, genders, races, and ethnicities.

Suicide is complicated and tragic, but it can be preventable. **Knowing the warning signs for suicide and how to get help can help save lives.**

Here are 5 steps you can take to #BeThe1To help someone in emotional pain:

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1. ASK:
 "Are you thinking about killing yourself?" It's not an easy question but studies show that asking at-risk individuals if they are suicidal does not increase suicides or suicidal thoughts.
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2. KEEP THEM SAFE:
 Reducing a suicidal person's access to highly lethal items or places is an important part of suicide prevention. While this is not always easy, asking if the at-risk person has a plan and removing or disabling the lethal means can make a difference.
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3. BE THERE:
 Listen carefully and learn what the individual is thinking and feeling. Research suggests acknowledging and talking about suicide may in fact reduce rather than increase suicidal thoughts.
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4. HELP THEM CONNECT:
 Save the National Suicide Prevention Lifeline number (**1-800-273-TALK**) and the Crisis Text Line (**741741**) in your phone so they're there if you need them. You can also help make a connection with a trusted individual like a family member, friend, spiritual advisor, or mental health professional.
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5. STAY CONNECTED:
 Staying in touch after a crisis or after being discharged from care can make a difference. Studies have shown the number of suicide deaths goes down when someone follows up with the at-risk person.

For more information on suicide prevention:
www.nimh.nih.gov/suicideprevention
www.bethe1to.com



WE ARE HIRING

JOB POSITIONS :

- ENTRY LEVEL AND POST CERTIFIED POLICE OFFICER
- ADULT STAFF - KIDS BLAST BEFORE/AFTER SCHOOL PROGRAM
- SENIOR SERVICES ADMINISTRATIVE ASSISTANT



APPLY!

www.portlandct.org/employment-opportunities



TIE DYE ACTIVITY AT CHATHAM COURT

Event was on July 18th, 2024. Kids got to make their own tie dye t-shirts and snack on some ice cream.

Thank you Portland Youth Services and the Portland Library for bringing this activity to the Chatham Court Kids.

CONNECTICUT COUNTRY FAIRS 2024

Its that time of the year again. Fall season is creeping inn. Take the family to the same fair you went as a child or check out a new one. Everyone can enjoy observing the animal exhibits up close, seeing an antique tractor pull or livestock show, taking in live music, perusing locally made food and even indulging in a piece (or two) of fried dough. Connecticut has agricultural fairs that are major fairs, district fairs, 4-H fairs, and local fairs.

[Wolcott Country Fair-August 9-11, 2024](#)

Begun in 1979, the Wolcott Country Fair is the area's largest agricultural and family fun event of the summer. During the course of the annual three-day event, more than 30,000 people come to enjoy the fair's sights and sounds. Attendees are treated to a traditional country fair complete with antique farm equipment displays, tractor pulls, pig racing, thrill rides, and plenty of food and entertainment.

[Bridgewater Country Fair-August 16-18, 2024](#)

There is a large variety of great food tents throughout the fairgrounds from our famous roast beef sandwiches, slowed cooked chicken, fresh buttery corn, tacos, ice cream, fried dough, BBQ, fried Oreos and many more.

[Brooklyn Fair-August 22-25, 2024](#)

Come experience the oldest, continuously active agricultural fair in the United States, featuring draft horses, livestock shows, home and garden exhibits, live entertainment, historical displays, special daily events, and of course, great food.

[Chester Fair-August 23-25, 2024](#)

The Chester Fair is a time-honored tradition in a quintessential small New England town that never disappoints. Come see Robinson's Racing Pigs and all the favorites you would expect as tractor pulls, frog jumping contests, and arts and crafts exhibits.

[Terryville Lions Club Fair-August 23-25, 2024](#)

This year, the Terryville Fair will feature all of the old favorites you would expect from a traditional country fair, as well as a few new surprises, like ATV and dirt bike drag racing, Jeep, and pickup truck tug-of-war competitions, and side-by-side truck racing. All of this and great food and entertainment, too!

[Haddam Neck Fair-August 30 - September 2, 2024](#)

The Haddam Neck Fair is celebrating its 105th year and is known for its family-friendly atmosphere and beautiful setting. The many events offer something for everyone including tractor and truck pulls, horse and oxen pulling contests and a horse show. Animal exhibits and contests, like women's skillet throwing, are popular. Vendors are on hand to offer vegetables, flowers, canned goods, and handmade arts and crafts. There's live music and delicious food, too!

[Woodstock Fair-August 30 - September 2, 2024](#)

Celebrating its 157th year, the state's second-oldest agricultural fair has tasty food, livestock shows, a petting zoo, free stage shows, a midway, go-kart races, strolling entertainers, plenty of vegetables, and flowers, and much more.

[Goshen Fair-August 31 - September 2, 2024](#)

Major agricultural fair with livestock judging, draft horse show, woodcutting competition, entertainment, food vendors, midway, arts and crafts, home exhibits, and more. This celebration includes an adult spelling bee, fireworks, hay bale toss contest, parade, pie-eating contest, and a skillet throw contest.